

Food Allergy and Allergen Information

At Lamledge School, we take food allergies, intolerances and medical dietary requirements seriously and are committed to supporting the safety and wellbeing of all pupils.

An allergen matrix is maintained for our Breakfast Club, lunch menu and other food items regularly provided by the school. This information is based on the ingredients, recipes and supplier specifications available at the time of publication. Menu items may occasionally change due to product availability, supplier substitutions or operational requirements. An allergen review is completed before any alternative products are used.

While we take reasonable precautions to reduce the risk of allergen cross contamination, food is prepared and served in working kitchen environments where allergens are present. As a result, we cannot guarantee that any food item is completely free from allergens.

Parents, carers and pupils with food allergies, intolerances, coeliac disease or other dietary requirements are encouraged to contact the school before consuming any school provided food. We ask that any changes to medical or dietary information are reported to the school as soon as possible so that records can be updated and appropriate controls put in place.

If a pupil has a severe allergy or requires an Individual Healthcare Plan, this should be discussed with the school to ensure suitable arrangements are in place.

For further information regarding allergens or dietary requirements, please contact the school office.

Useful links:

[Allergen Matrix](#)

[Allergy Policy](#)

[Catering Policy](#)

Site Allergy Lead – Helena Morgan